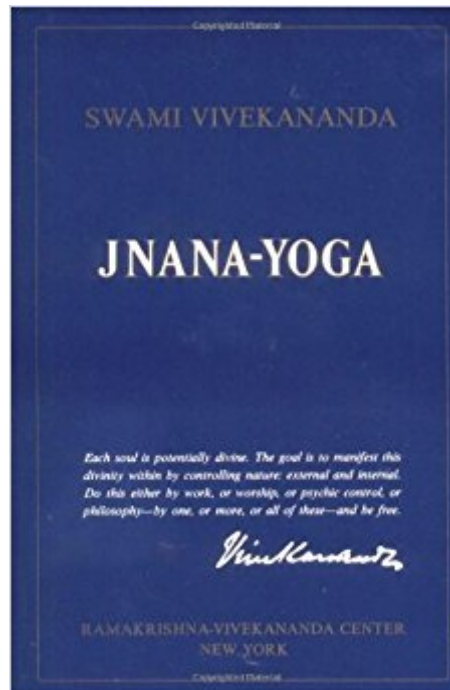




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# Jnana-Yoga



## Synopsis

By Swami Vivekananda, Jnana-Yoga, the Path of Knowledge, describes the essence of Vedanta philosophy - the wisdom of the Vedas, Upanishads, and the Bhagavad Gita in a modern scientific manner. Jnana-Yoga, along with Swami Vivekananda's Karma-Yoga, Bhakti-Yoga, and Raja-Yoga, are considered classics and outstanding treatises on Hindu philosophy. The Swami's deep spiritual insight, fervid eloquence, and broad human sympathy, shine forth in these works and offer inspiration to all spiritual seekers.

## Book Information

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## Customer Reviews

A beautiful book elucidating the crux of Vedanta, one of the oldest philosophies of the world. Jnana Yoga is the method of 'realizing' religion or God through knowledge and discussion. The other methods are Karma(work), Bhakti(devotion) and Raja(mind) and everybody should select a method according to his/her interests/capabilities. Jnana Yoga presents an extremely logical and intellectually satisfying view of God and religion. Vivekanand has been quite impressive, his style very 'scientific' and language : simple and superb. Must read for people with an inquisitional bent of mind. I especially recommend the chapter called "Atma".

Though Jnana yoga is presumably the favorite subject of Vivekananda, he himself is supposed to have quoted that his bhakti is covered by a cloak of jnana, while his guru's (Sri Ramakrishna) jnana is covered by a cloak of bhakti. Whatever he may have learnt from Ramakrishna, who spoke in

parables, Vivekananda transforms them into powerful words with striking sentences to give a sublime meaning. He is at his best while expounding the Vedanta philosophy. His examples simplify the understanding of such a complex and profound philosophy. The way he coins the words and grammar in his lectures is unbelievable. His logic is almost always unarguable. One of the best lectures is "The Real and Apparent Man" where he lays a solid foundation of the nature of man, the support of which comes in later lectures on Maya and Cosmos. The exposition of Katha upanishad is beautiful and one does not get that picture and depth of understanding while reading the original upanishad. The final lectures delivered in Pasadena, California appeals to the unity of religions and friendship with science - a subject which is probably never more important than now. No wonder during his lectures in America, he was the last to deliver, as the audience would wait patiently to listen to him.

This book if anyone was to read it is amazing and I find it difficult to find words of praise that could do it justice. Therefore the best thing would be to read it. Some one said that this 'does not appeal to the modern mind' This is certainly proof that the person has not read the book or read it with closed eyes, what a pity! Vivekananda blends ancient hindu texts, into modern thought and also weaves into his work modern scientific thought into the ever so ancient wisdom of India. Whosoever reads this book is bound to become transformed, transfigured and awakened to higher truths in this universe. This rare crest-jewel of a book has come from a great soul, and I feel blessed and thrilled to have come across this precious gem.

Swami Vivekananda, a major (if not the main) disciple of the famous Ramakrishna, has done both Hinduism and comparative religion a great service by writing several works that address the main types of transformational yoga. Interestingly, Hinduism has constructed a wonderful model that differentiates among and between these seemingly divergent paths up the spiritual mountain (or paths to God for Theists). These include: Karma Yoga (addressing action) and Bhakti Yoga (of devotion) included in one volume; Raja Yoga (of mind, but addressing more psychic development); and Jnana Yoga (of wisdom). The latter is more difficult, IMHO, to find out about. Religions generally specialize in one of these four with additional elements (sometimes only in subsets such as clerics or monks) from some of the other ones. Jnana or Gnani appears to be among the rarest. Thus, having read this book is a great coup in understanding the higher philosophies and theological approaches to Omneity or spiritual development. In Tibetan Buddhism, for example, it would be applicable to Dzogchen and Mahamudra as opposed to the more normal or pervasive

Vajrayana practices. IMHO, Jnana (and its equivalents in other religions) is the most profound of teachings. Vivekananda was obviously a Master and has presented a wonderful exposition on this esoteric subject. We are privileged to have the opportunity to read and study it.

For those who reject standard religious dogma but still recognize the certain spirituality of mankind, this book is for you. Best comprehensive explanation of the Hindu Faith I have ever read! Written for easy comprehension by the western mind.

Jnana Yoga literally means Yoga of Knowledge (the path of Wisdom). Of these different paths such as Raja Yoga (Yoga of mind), Bhakti Yoga (Yoga of devotion) and Karma Yoga (Yoga of righteous work); I could best relate to Jnana Yoga. I believe westerners would feel the same because Western Society has scientific bend of mind. This book is about the "Logic" of GOD. It uses deduction as a method to uncover secret upon secret. It contradicts the commonly held belief that there is some Superuser sitting up in the sky, running the whole Universe. It explains how that is false. It preaches nothing. It deduces. I would also like to mention that my profession is about Logic, the discipline of Computer Science. And I find this book no less rigorous than CS books I am used to read.

Swami Vivekananda is one of the first Hindu monks (Swami). He was a key figure in the introduction of Indian philosophies of Vedanta and Yoga to the western world and was credited with raising interfaith awareness, bringing Hinduism to the status of a major world religion in the late 19th century as he introduced Hinduism at the Parliament of the World's Religions in Chicago in 1893. His books are highly beneficial for the student of yoga.

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